

| | August '22 | | | September '22 | | | October '22 | | | November '22 | | |
|-------|------------|--|--|---------------|------------------|--|-------------|--------------|---|--------------|--------------|-------------|
| Sun | | | | | | | | | | | | |
| Mon | 1 | | | | | | | | | | | |
| Tues | 2 | | | | | | | | | | 1 | |
| Wed | 3 | | | | | | | | | | 2 | SSL Round 4 |
| Thurs | 4 | | | 1 | | | | | | | 3 | |
| Fri | 5 | | | 2 | | | | | | | 4 | |
| Sat | 6 | | | 3 | | | 1 | A-grade Rd 1 | WPA National Championships U15/U17 Boys Victoria | 5 | A-grade Rd 6 | |
| Sun | 7 | | | 4 | | | 2 | | | 6 | JSL Round 4 | |
| Mon | 8 | | | 5 | | | 3 | | | 7 | JSL Round 4 | |
| Tues | 9 | | | 6 | | | 4 | | | 8 | | |
| Wed | 10 | | | 7 | | | 5 | | | 9 | SSL Round 5 | |
| Thurs | 11 | | | 8 | | | 6 | | | 10 | | |
| Fri | 12 | | | 9 | | | 7 | | | 11 | | |
| Sat | 13 | | | 10 | | | 8 | A-grade Rd 2 | | 12 | A-grade Rd 7 | |
| Sun | 14 | | | 11 | | | 9 | | | 13 | JSL Round 5 | |
| Mon | 15 | | | 12 | | | 10 | | | 14 | JSL Round 5 | |
| Tues | 16 | | | 13 | | | 11 | | | 15 | | |
| Wed | 17 | | | 14 | | | 12 | SSL Round 1 | | 16 | SSL Round 6 | |
| Thurs | 18 | | | 15 | | | 13 | | | 17 | | |
| Fri | 19 | | | 16 | | | 14 | | | 18 | | |
| Sat | 20 | | | 17 | | | 15 | A-grade Rd 3 | | 19 | A-grade Rd 8 | |
| Sun | 21 | | | 18 | | | 16 | JSL round 1 | | 20 | JSL Round 6 | |
| Mon | 22 | | | 19 | | | 17 | JSL round 1 | | 21 | JSL Round 6 | |
| Tues | 23 | | | 20 | | | 18 | | | 22 | | |
| Wed | 24 | | | 21 | | | 19 | SSL Round 2 | | 23 | SSL Round 7 | |
| Thurs | 25 | | | 22 | | | 20 | | | 24 | | |
| Fri | 26 | | | 23 | | | 21 | | | 25 | | |
| Sat | 27 | | | 24 | AFL Grand Final | WPA National Championships U15/U17 Girls Brisbane | 22 | A-grade Rd 4 | | 26 | A-grade Rd 9 | |
| Sun | 28 | | | 25 | | | 23 | JSL round 2 | | 27 | JSL Round 7 | |
| Mon | 29 | | | 26 | Queen's Birthday | | 24 | JSL round 2 | | 28 | JSL Round 7 | |
| Tues | 30 | | | 27 | | | 25 | | | 29 | | |
| Wed | 31 | | | 28 | | | 26 | SSL Round 3 | | 30 | SSL Round 8 | |
| Thurs | | | | 29 | | WPA National Championships U15/U17 Boys Victoria | 27 | | | | | |
| Fri | | | | 30 | | | 28 | | | | | |
| Sat | | | | | | | 29 | A-grade Rd 5 | | | | |
| Sun | | | | | | | 30 | JSL Round 3 | | | | |
| Mon | | | | | | | 31 | JSL Round 3 | | | | |

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| Key WPWAI Dates |
| Water Polo A Grade |
| Metro Senior League |
| Metro Junior League |
| WPWA Masters |
| Other Competition |
| Public Holidays |

| December '22 | | January '23 | | February '23 | | March '23 | |
|--------------|----|---------------|---|--------------|--------------|-----------|---------------------------------|
| Sun | | 1 | New Year's Day | | | | |
| Mon | | 2 | New Year's Day Public Holiday | | | | |
| Tues | | 3 | | | | | |
| Wed | | 4 | | 1 | SSL Round 11 | 1 | SSL Round 15 |
| Thurs | 1 | 5 | | 2 | | 2 | |
| Fri | 2 | 6 | | 3 | | 3 | |
| Sat | 3 | A Grade Final | | 4 | | 4 | |
| Sun | 4 | JSL Round 8 | | 5 | JSL Round 10 | 5 | |
| Mon | 5 | JSL Round 8 | | 6 | JSL Round 10 | 6 | Labour Day |
| Tues | 6 | | | 7 | | 7 | |
| Wed | 7 | SSL Round 9 | | 8 | SSL Round 12 | 8 | SSL Round 16 |
| Thurs | 8 | | | 9 | | 9 | |
| Fri | 9 | | | 10 | | 10 | |
| Sat | 10 | | | 11 | | 11 | |
| Sun | 11 | JSL Round 9 | | 12 | JSL Round 11 | 12 | JSL Round 14 |
| Mon | 12 | JSL Round 9 | U19 Nationals | 13 | JSL Round 11 | 13 | JSL Round 14 |
| Tues | 13 | | | 14 | | 14 | |
| Wed | 14 | SSL Round 10 | | 15 | SSL Round 13 | 15 | SSL Round 17 |
| Thurs | 15 | | | 16 | | 16 | |
| Fri | 16 | | | 17 | | 17 | |
| Sat | 17 | | | 18 | | 18 | Port to Pub |
| Sun | 18 | | | 19 | JSL Round 12 | 19 | JSL Round 15 |
| Mon | 19 | | | 20 | JSL Round 12 | 20 | JSL Round 15 |
| Tues | 20 | | | 21 | | 21 | |
| Wed | 21 | | | 22 | SSL Round 14 | 22 | SSL Round 18 |
| Thurs | 22 | | | 23 | | 23 | |
| Fri | 23 | | | 24 | | 24 | |
| Sat | 24 | | Christmas Eve | 25 | | 25 | Rottnest Swim |
| Sun | 25 | | Christmas Day | 26 | JSL Round 13 | 26 | JSL Semi Finals |
| Mon | 26 | | Boxing Day Christmas Day Public Holiday | 27 | JSL Round 13 | 27 | JSL Semi Finals |
| Tues | 27 | | Boxing Day Public Holiday | 28 | | 28 | |
| Wed | 28 | | | | | 29 | Senior State League Semi Finals |
| Thurs | 29 | | | | | 30 | |
| Fri | 30 | | | | | 31 | |
| Sat | 31 | | | | | | |
| Sun | | | | | | | |
| Mon | | | | | | | |

