	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	11-Oct	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct	20-Oct	21-Oct
6:30											
7:00											
7:30	Breakfast	Breakfast	Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
8:00			Gym CHN 7:45-9:00	Breakfast							Breakfast
8:30				DAY OFF						Meeting	
9:00	Gym CHN 8:45-10:00	Pool HBF CHN 9:00-11:30	Pool Claremont WAIS/CHN 9:00-11:00		Gym CHN 8:45-10:00	Pool HBF CHN 9:00-11:30	Gym CHN 8:45-10:00	Pool HBF CHN 9:00-11:30	Gym CHN 8:45-10:00	Pool HBF WAIS/CHN 9:00-11:30	CHN Depart
9:30											
10:00	Pool HBF CHN 10:00-12:00				Pool HBF CHN 10:00-12:00		Pool HBF CHN 10:00-12:00		Pool HBF CHN 10:00-12:00		
10:30											
11:00											
11:30											
12:00			Lunch								
12:30	Lunch	Lunch			Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
13:00							PM OFF				
13:30											
14:00											
14:30											
15:00			Pool HBF CHN 3:00-5:00								
15:30											
16:00	Meeting	Meeting			Meeting	Meeting		Meeting	Meeting	Pool HBF CHN 4:00-6:00	
16:30											
17:00	Pool HBF WAIS/CHN 5:00-7:30	Pool HBF WAIS/CHN 5:00-7:30			Pool UWA WAIS/CHN 6:30-8:30	Pool HBF WAIS/CHN 5:00-7:30		Pool HBF WAIS/CHN 5:00-7:30	Pool HBF WAIS/CHN 5:00-7:30		
17:30											
18:00											
18:30											
19:00											
19:30				Dinner			Dinner			Dinner	
20:00	Dinner	Dinner	Dinner		Dinner	Dinner		Dinner	Dinner		
20:30											
21:00											
21:30											
22:00											