

## AUSTSWIM Extension courses; Professional Development & Community Seminars

**Date: 28 Aug – 9 Sept**

**Times: Vary - refer to website**

The AUSTSWIM accreditation is the industry standard for Swimming and Water Safety Teachers™ and is delivered and recognised in each state and territory of Australia and many countries overseas. There are currently over 33,500 AUSTSWIM Teachers in Australia and internationally with over 10,000 licensed in teaching specific programs such as infants, people with a disability and adults.

AUSTSWIM is delivering opportunities for discounted extension courses and FREE community seminars. AUSTSWIM is also proud to present Leigh Nugent in Masterclass and additional professional development opportunities for AUSTSWIM teachers and candidates. For assistance call 08 9328 2115

**Please see online enrolment <https://oramsocb.austswim.com.au/coursefinder/>**



## Go For 2&5 Learn to Dive – Diving WA

**Time/s: 9am - 10:30am, 11am - 12:30pm  
and/or 1pm - 2:30pm**

**Date: Saturday 1st September**

Go For 2 & 5 Learn to Dive is Diving WA's introduction to diving in a fun and safe environment, supervised by trained coaches. Kids (6-14 years) will combine elements of trampolining, gymnastics, tumbling, swimming and acrobatics, in wet and dry training to give them a taste of diving. Each child attending will have the opportunity to try diving in a 1½ hour session which will include fun circuits and activities.

What to bring: Sports shoes, T Shirts & shorts/ tights for poolside training, Swimming trunks/ costume (one piece preferred), Towel, Drink bottle.

**Register through the Diving WA website -  
[www.wadiving.com.au](http://www.wadiving.com.au)**



**Goldfields Splash** is a collaboration of the aquatics sports to provide opportunities for the Kalgoorlie-Boulder Community to try different aquatic sports and is supported by the Department Local Government, Sport and Cultural Industries.

**Austswim - 08 9328 2115**

**Diving WA - 08 6424 9090**

**Masters Swimming WA - 08 9328 9469**

**Royal Life Saving - 08 9383 8200**

**Swimming WA - 08 9328 4599**

**Triathlon WA - 08 9443 9778**

**Waterpolo WA - 08 9387 7555**

**Goldfields Oasis - 08 9021 0900**

**Venue entry fees apply to  
each session.**



Department of  
**Local Government, Sport  
and Cultural Industries**



**29th Aug - 9th Sept**

Goldfields Oasis Recreation Centre  
is set to come alive with a  
**COME & TRY WEEK**  
in any of the aquatic sports

- Adult swimming with Masters Swimming
- Diving
- Royal Life Saving
- Synchronised swimming
- Swimming WA
- Triathlon
- Waterpolo
- AUSTSWIM Training and Accreditation (fee applicable)

**Venue entry fees apply to  
each session.**

## Adult swimming with Masters Swimming – FREE ‘Come & Try’

**Time/s:** 5pm – 6pm Coached training session open to all 18+ years 6pm – 7pm supper and social catch up for all swimmers

**7pm – 8pm Introduction to coaching – open to all over 18+ years**  
**Date:** Friday 7th September

Masters Swimming is essentially swimming for over 18s. We have Masters Swimming Clubs across WA encompassing casual fitness swimming with coached training sessions to highly-organised competitive swimming. How far you extend yourself is up to you!

Masters Swimming Clubs are open to all adults, regardless of age or ability and our emphasis on fitness, friendship and fun ensures there is always an active social calendar to be a part of regardless of the level at which you swim.

**masters.admin@mswa.asn.au**



## Come Try Water Polo and Water Polo Fundamentals

**Time/s:** Thursday 4:30pm-6pm (come try) Friday 5:30pm-7pm  
**Date:** Thursday 30th August and Friday 31st August

Water Polo WA will be running a come try clinic for children aged between 9-16 and a water polo fundamentals for 18+ for those interested in learning a new sport in a fun, safe and friendly environment.

**Register to be part of these programs at [generalmanager@waterpolowa.asn.au](mailto:generalmanager@waterpolowa.asn.au)**



## Royal Life Saving WA Sport and Training Opportunities

**Time/s:** 29th Aug 2018, 3:30pm – 5pm  
**Junior Lifeguard ‘Have a Go Session’**  
**1st September 2018, 9am-11am Sport Pool Lifesaving & CPR Demonstrations**  
**30th & 31st August, 6th & 7th September 2018, 4pm - 6:30pm Bronze Medallion**

The Royal Life Saving Society will be hosting a number of free ‘Have a Go’ sessions during the two weeks of the Goldfields Splash Aquatic Sports. We will have fun and interactive events to try from our Junior Lifeguard and Pool Lifesaving programs. Visit here for more information [www.royallifesavingwa.com.au/your-community/sport](http://www.royallifesavingwa.com.au/your-community/sport)

In addition, there will be the opportunity to participate in a Bronze Medallion course and for those who wish to become a Trainer/Instructor in this area we are offering an Aquatic Trainer course. **More information on our website [www.royallifesavingwa.com.au/training/c-25](http://www.royallifesavingwa.com.au/training/c-25)**



## Learn to Race – Junior Swim Clinics

**Time:** 9am – 11am  
**Date:** Saturday 1st September

Come down and practise your racing skills past Australia Dolphins Head Coach, Leigh Nugent. Do you enjoy racing your friends? Do you love being in the water? Would you like to polish your dive and turns? If so, then come on down to our Learn to Race – Junior Swim Clinic!

All current and new Kalgoorlie swimming members are also welcome. We strongly encourage all Junior Excellence achievers to attend.

Hosted by the Swimming WA and supported by the Kalgoorlie Swimming Club.

**Email contact:** [Tristan.wood@wa.swimming.org.au](mailto:Tristan.wood@wa.swimming.org.au)



## Meet and Greet with Triathlon WA & Kalgoorlie Triathlon Club

**Time/s:** TBC  
**Date:** Friday 7th September

Swim, Bike, Run – It's in everyone! Triathlon WA, governing body for triathlon, duathlon and Aquathlon in Western Australia, is excited to be visiting Kalgoorlie in partnership with our affiliated club, Kalgoorlie Triathlon Club.

To find out more about what this great club offers come down to a meet and greet night at the Goldfields Oasis on Friday 7th September. The club caters for beginners through to experienced athletes and, with the triathlon season about to kick off, now's the perfect time to come down and find out how you can be part of it!

**Email contact:** [admin@wa.com.au](mailto:admin@wa.com.au)



## Get In Sync- SynchroWA

**Time/s:** 4:30pm-6pm (Coaching Course) 9am-10:30am Adults & 11:30am-1pm Children (Come & Try)  
**Date:** Thursday 30th August- Saturday 1st September

SynchroWA are running a Free ‘Come & Try’ and coaching course on the basics of synchronised swimming. These FREE, fun sessions are a perfect opportunity for children and adults to jump in and have a go at synchro. The coaching course will run Thursday & Friday evening from 4:30pm-6pm with the option to attend either session on Saturday. For children and adults wanting to dive in and give it a go the adult session will be Saturday 9am -10:30am and the session for children aged 6+ will be from 11:30am -1pm.

**For information on how to register please visit our website [www.synchrowa.org.au](http://www.synchrowa.org.au).**

